

Virtual Eucharistic Adoration

Create a prayerful setting for this special time with the Lord and access an on-line chapel.

Lord Jesus, in the Eucharist You make your dwelling among us
and become our traveling companion
so that they may be ever more open to listening and accepting your Word.
We ask this in Jesus' name. Amen.

FEBRUARY CONTEMPLATION

*This month may we listen to God calling us to be **Loving**.*

Opening Prayer

May this time of prayer be a precious opportunity to grow in awareness of the incomparable treasure which Christ has entrusted to his Church. May it encourage a more lively and fervent celebration of the Eucharist, leading to a Christian life transformed by love. May all of us rediscover the gift of the Eucharist as light and strength for our daily lives in the world, in the exercise of our respective professions. We pray in Jesus' name. Amen.

Silent Reflection

Let us keep silence before God – silent within ourselves – that our hearts and ears may be open.

Prayer Before Reading Scripture

Heavenly Father, thank you for the Scriptures that were written for our instruction. They reveal the depth and width of your great love and show us how to walk in a way that is pleasing to you. Amen.

Scripture Reading: *(Philippians 2:1-4)*

A reading from the letter of St. Paul to the Philippians

Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.

The Word of the Lord.

All: Thanks be to God.

Responsorial Psalm: *(Psalm 103:1-2, 17-22)*

Response: Bless the Lord, O my soul!

Bless the LORD, O my soul, and all that is within me, bless His holy name.

Bless the LORD, O my soul, and forget none of His benefits. **R/.**

But the loving kindness of the LORD is from everlasting to everlasting on those who fear Him,

And His righteousness to children's children,

To those who keep His covenant and remember His precepts to do them. **R/.**

The LORD has established His throne in the heavens,

And His sovereignty rules over all. **R/.**

Bless the LORD, you His angels, mighty in strength, who perform His word,
Obeying the voice of His word! *R/*.

Bless the LORD, all you His hosts, you who serve Him, doing His will. *R/*.

Bless the LORD, all you works of His, in all places of His dominion;
Bless the LORD, O my soul! *R/*.

Glory Be...

Reflection from the Catechism: Christian Prayer

"Hope does not disappoint us, because God's love has been poured into our hearts by the Holy Spirit who has been given to us."¹⁰ Prayer, formed by the liturgical life, draws everything into the love by which we are loved in Christ and which enables us to respond to him by loving as he has loved us. Love is the source of prayer; whoever draws from it reaches the summit of prayer. (CCC,2658)

Seasonal Prayer: Canticle of the Blood by *St. Maria de Mattias*

February 4 - Feast of St. Maria de Mattias Foundress of the Adorers of the Blood of Christ

Come, let us adore Christ, the Son of God, who has redeemed us with his blood.
Clap your hands, all you peoples, sing unto God with a voice of jubilation.
For you, God, glorious and mighty, have shown us mercy.
You have not spared your only Son but delivered him up in our behalf.
That you might redeem us from our sins in Christ's own blood;
That justified in the blood of Jesus you might turn your anger from us;
That we who were separated might be reconciled through the blood of Christ.
O God, my God, what can I render to you for all the good you have bestowed upon me?
I will take the chalice of salvation, and I will call upon the power of Christ's blood.
Sing to Jesus, all you saints, and make known the memory of his holiness.
For Christ indeed has loved us and washed us in his blood and has become our helper and redeemer.
May Christ be blessed forever who has wrought such wonders in us.
Blessed be Jesus for all ages, and may the heavens and the earth be filled with the praises of his love.
Come, let us adore Christ, the Son of God, who has redeemed us with his blood. Amen.

Silent Reflection

Meditation: (*Apostolicam Actuositatem*)

The greatest commandment in the law is to love God with one's whole heart and one's neighbor as oneself (cf. Matt. 22:37-40). Christ made this commandment of love of neighbor His own and enriched it with a new meaning. For He wanted to equate Himself with His brethren as the object of this love when He said, "As long as you did it for one of these, the least of My brethren, you did it for Me" (Matt. 25:40). Assuming human nature, He bound the whole human race to Himself as a family through a certain supernatural solidarity and established charity as the mark of His disciples, saying, "By this will all men know that you are My disciples, if you have love for one another" (John 13:35). (Chapter II, "Objectives," *AA*, #8)

This year's Meditations are taken from *Apostolicam Actuositatem*, Pope Paul VI's *Decree on the Apostolate of the Laity*, November 18, 1965.

Intentions

Let us pray together the Daily Offering with the intentions of the Holy Father and our personal intentions:

R/. Lord, hear our prayer.

All: Eternal Father, we offer you in union with Mary, Mother of the Redeemer of humankind, the Blood Jesus shed with love in his passion and every day is offered on the altar. In union with the Victim offered for the salvation of the world, we offer today's actions in expiation for our sins, for the conversion of sinners, for the souls in purgatory, for the needs of the holy Church, and especially:

For the Holy Father's Intention for the Terminally Ill

Let us pray that the sick who are in the final stages of life, and their families, receive the necessary medical and human care and accompaniment, we pray to the Lord. *R/.*

That our country more fully embraces the culture of life, recognizing in each person the image of God Himself, we pray to the Lord. *R/.*

Lord, You have promised to be with your Church always, may the Holy Spirit inspire many more vocations to the priesthood and religious life, we pray to the Lord. *R/.*

For those who've asked the help of our prayers, for those who have no one to pray for them, and for the intentions we hold in the silence of our hearts, we pray to the Lord. *R/.*

The Blood of Christ is Life for all Our Needs

Eternal Father, we offer you the Precious Blood of Jesus Christ, poured out on the cross and offered daily on the altar:

- ✦ For the glory of your name, for the coming of your kingdom and for the salvation of all.
- ✦ For the propagation of faith, for Pope Francis, for bishops, priests, and religious and for the sanctification of all the people of God.
- ✦ For the conversion of sinners, for the loving acceptance of your Word, and for the union of all Christians.
- ✦ For civil authorities, for the strengthening of public morals, and for peace and justice among all nations.
- ✦ For the sanctification of our work and suffering, for the poor, sick and afflicted, and for all who rely on our prayers.
- ✦ For our own spiritual and temporal needs, for those of our relatives, benefactors, and also for those of our enemies.
- ✦ For those who are to die this day, for the souls in purgatory, and for our final union with Christ in Glory.

Our Father...

Silent Reflection

Closing Prayer: Precious Blood Prayer

All: Almighty and Eternal God, you have appointed your only-begotten Son the Redeemer of the world and willed to be appeased by his Blood. Grant we beg of you, that we may worthily adore this price of our salvation, and through its power be safeguarded from the evils of this present life, so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord. Amen

Our Lady of the Most Precious Blood, pray for us.

St. Gaspar, pray for us, St. Maria De Mattias, pray for us,

St. Francis Xavier, pray for us.