

# OCTOBER CONTEMPLATION

*You formed man in your own image and entrust the whole world to his care.  
(Eucharist Prayer IV)*

## Opening Hymn

*Eucharistic Exposition*

### Leader:

May this time of prayer and adoration before the Blessed Sacrament be a precious opportunity to grow in awareness of the incomparable treasure which Christ has entrusted to his Church. May it encourage a more lively and fervent celebration of the Eucharist, leading to a Christian life transformed by love. May all of us rediscover the gift of the Eucharist as light and strength for our daily lives in the world in the exercise of our respective professions. We pray in Jesus' name.

**All: Amen.**

### *Silent Reflection*

*Let us keep silent within ourselves that our hearts and ears may be open.*

## Prayer Before Reading Scripture

**Leader:** *Let us pray.*

**All:** Jesus Christ, our Master, You are the Way and the Truth and the life. Grant that we may learn the sublime knowledge of Your charity in the Spirit of St. Paul the Apostle and of the Catholic Church. Send Your Holy Spirit to teach us and remind us of what You have preached. We pray in Jesus' name. Amen.

### **Scripture Reading:** *(Heb 12:1-8)*

Keep on loving each other as brothers. Do not forget to entertain strangers, for by so doing some people have entertained angels without knowing it. Remember those in prison as if you were their fellow prisoners, and those who are mistreated as if you yourselves were suffering. Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral. Keep your lives free from the love of money and be content with what you have, because God has said, "Never will I leave you; never will I forsake you." So we say with confidence, "The Lord is my helper; I will not be afraid. What can man do to me?" Remember your leaders, who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith. Jesus Christ is the same yesterday and today and forever.

The Word of the Lord.

**All: Thanks be to God.**

## Responsorial Psalm *(Psalm 97:1-7)*

**Response: *The Lord is king; let the earth rejoice.***

I will exalt you, my God and King,  
and praise your name forever and ever.  
I will praise you every day; yes,  
I will praise you forever. **R/.**

Great is the Lord!

He is most worthy of praise!

No one can measure his greatness. *R/.*

Let each generation tell its children of your mighty acts;  
let them proclaim your power. *R/.*

I will meditate on your majestic, glorious splendor  
and your wonderful miracles.

Your awe-inspiring deeds will be on every tongue;

I will proclaim your greatness. *R/.*

Everyone will share the story of your wonderful goodness;  
they will sing with joy about your righteousness. *R/.*

**Glory be to the Father...**

**Meditation:** *Ecclesia de Eucharistia* - Chapter Two: *The Eucharist Builds the Church*, 22

By its union with Christ, the People of the New Covenant, far from closing in upon itself, becomes a "sacrament" for humanity,<sup>39</sup> a sign and instrument of the salvation achieved by Christ, the light of the world and the salt of the earth (cf. *Mt* 5:13-16), for the redemption of all.<sup>40</sup> The Church's mission stands in continuity with the mission of Christ: "As the Father has sent me, even so I send you" (*Jn* 20:21). From the perpetuation of the sacrifice of the Cross and her communion with the body and blood of Christ in the Eucharist, the Church draws the spiritual power needed to carry out her mission. The Eucharist thus appears as both *the source* and *the summit* of all evangelization, since its goal is the communion of mankind with Christ and in him with the Father and the Holy Spirit.<sup>41</sup>

<sup>39</sup>Cf. *Lumen Gentium*, 1.

<sup>40</sup>Cf. *ibid.*, 9.

<sup>41</sup>Cf. *Presbyterorum Ordinis*, 5.

### *Silent Reflection*

**Reflection** - (*Catechism*, 767)

"When the work which the Father gave the Son to do on earth was accomplished, the Holy Spirit was sent on the day of Pentecost in order that he might continually sanctify the Church." (*Jn* 17:4) Then "the Church was openly displayed to the crowds and the spread of the Gospel among the nations, through preaching, was begun." (*Mt*. 27:48) As the "convocation" of all men for salvation, the Church in her very nature is missionary, sent by Christ to all the nations to make disciples of them. (*Mt* 28:19-20)

**A Prayer in Honor of St. Gaspar del Bufalo**

(*Feast is October 21<sup>st</sup>*)

Loving God, you made St. Gaspar del Bufalo a priest and outstanding apostle of the Precious Blood of your Son. Through his intercession grant that we may experience the abundant fruits of the price of our redemption. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, God, for ever and ever. Amen.

## **Intentions**

Let us pray together the Daily Offering with the intention of the Holy Father and our personal intentions:

*R/. Lord, hear our prayer.*

### **All:**

Eternal Father, we offer you in union with Mary, Mother of the Redeemer of humankind, the Blood Jesus shed with love in his passion and every day is offered on the altar. In union with the Victim offered for the salvation of the world, we offer today's actions in expiation for our sins, for the conversion of sinners, for the souls in purgatory, for the needs of the holy Church, and especially:

For the Holy Father's **Evangelization Intention:** That consecrated religious men and women may bestir themselves, and be present among the poor, the marginalized, and those who have no voice, we pray. *R/.*

Our response will be: *Lord, hear our prayer.*

That our country more fully embrace the culture of life, recognizing in each person the image of God Himself, we pray to the Lord. *R/.*

Lord, like St. Gaspar we pray that the love of God excites us to think, to speak and to act and suffer for your great divine glory, we pray to the Lord. *R/.*

That those who govern nations will protect human rights, further the work of justice and advance the freedom of those in their charge, we pray to the Lord. *R/.*

Lord, You have promised to be with your Church always, may the Holy Spirit inspire many more vocations to the priesthood and religious life, we pray to the Lord. *R/.*

For those who've asked the help of our prayers, for those who have no one to pray for them, and for the intentions we hold in the silence of our hearts, we pray to the Lord. *R/.*

## **Our Father...**

*Silent Reflection*

## **Closing Prayer**

**Leader:** *Let us pray:*

**All:** Lord Jesus, in the Eucharist You make your dwelling among us and become our traveling companion; sustain our Christian communities so that they may be ever more open to listening and accepting your Word. May they draw from the Eucharist a renewed commitment to spreading in society, by the proclamation of your Gospel, the signs and deeds of an attentive and active charity. We ask this in Jesus' name. Amen.

*Benediction and Reposition*

## **Closing Hymn**