

Virtual Eucharistic Adoration

Create a prayerful setting for this special time with the Lord and access an on-line chapel.

Lord Jesus, in the Eucharist You make your dwelling among us
and become our traveling companion
so that they may be ever more open to listening and accepting your Word.
We ask this in Jesus' name. Amen.

OCTOBER CONTEMPLATION

*This month may we listen to God calling us to be **Hopeful**.*

Opening Prayer

May this time of prayer be a precious opportunity to grow in awareness of the incomparable treasure which Christ has entrusted to his Church. May it encourage a more lively and fervent celebration of the Eucharist, leading to a Christian life transformed by love. May all of us rediscover the gift of the Eucharist as light and strength for our daily lives in the world, in the exercise of our respective professions. We pray in Jesus' name. Amen.

Silent Reflection

Let us keep silence before God – silent within ourselves – that our hearts and ears may be open.

Prayer Before Reading Scripture

Heavenly Father, thank you for the Scriptures that were written for our instruction. They reveal the depth and width of your great love and show us how to walk in a way that is pleasing to you. Amen.

Scripture Reading: *(Philippians 3:17-21)*

A reading from the letter of St. Paul to the Philippians

Join together in following my example, brothers and sisters, and just as you have us as a model, keep your eyes on those who live as we do. For, as I have often told you before and now tell you again even with tears, many live as enemies of the cross of Christ. Their destiny is destruction, their god is their stomach, and their glory is in their shame. Their mind is set on earthly things. But our citizenship is in heaven. And we eagerly await a Savior from there, the Lord Jesus Christ, who, by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body.

The Word of the Lord.

All: Thanks be to God.

Responsorial Psalm: *(Psalm 130:1-2, 3-4, 5-6, 7-8)*

Response: With the Lord there is mercy and fullness of redemption.

From the depths of despair, O Lord, I call for your help.

Hear my cry, O Lord. Pay attention to my prayer. **R/.**

Lord, if you kept a record of our sins, who, O Lord, could ever survive?

But you offer forgiveness, that we might learn to fear you. **R/.**

I am counting on the Lord; yes, I am counting on him.

I have put my hope in his word.

I long for the Lord more than sentries long for the dawn,
yes, more than sentries long for the dawn. *R/.*

O Israel, hope in the Lord; for with the Lord there is unfailing love.

His redemption overflows.

He himself will redeem Israel from every kind of sin. *R/.*

Glory Be...

Reflection from the Catechism: Christian Prayer

We learn to pray at certain moments by hearing the Word of the Lord and sharing in his Paschal mystery, but his Spirit is offered us at all times, in the events of each day, to make prayer spring up from us. Jesus' teaching about praying to our Father is in the same vein as his teaching about providence: time is in the Father's hands; it is in the present that we encounter him, not yesterday nor tomorrow, but today: "O that today you would hearken to his voice! Harden not your hearts." (CCC,2659)

Prayer in Honor of St. Gaspar del Bufalo (Feast is October 21st)

Loving God, you made St. Gaspar del Bufalo a priest and outstanding apostle of the Precious Blood of your Son. Through his intercession grant that we may experience the abundant fruits of the price of our redemption. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, God, for ever and ever. Amen.

Silent Reflection

Meditation: (*Apostolicam Actuositatem*)

Only by the light of faith and by meditation on the word of God can one always and everywhere recognize God in Whom "we live, and move, and have our being" (Acts 17:28), seek His will in every event, see Christ in everyone whether he be a relative or a stranger, and make correct judgments about the true meaning and value of temporal things both in themselves and in their relation to man's final goal.

They who have this faith live in the hope of the revelation of the sons of God and keep in mind the cross and resurrection of the Lord. In the pilgrimage of this life, hidden with Christ in God and free from enslavement to wealth, they aspire to those riches which remain forever and generously dedicate themselves wholly to the advancement of the kingdom of God and to the reform and improvement of the temporal order in a Christian spirit. Among the trials of this life they find strength in hope, convinced that "the sufferings of the present time are not worthy to be compared with the glory to come that will be revealed in us" (Rom. 8:18).

(Chapter I, "The Vocation of the Laity to the Apostolate," *AA*, #4)

This year's Meditations are taken from *Apostolicam Actuositatem*, Pope Paul VI's *Decree on the Apostolate of the Laity*, November 18, 1965.

Intentions

Let us pray together the Daily Offering with the intentions of the Holy Father and our personal intentions:

R/. Lord, hear our prayer.

All: Eternal Father, we offer you in union with Mary, Mother of the Redeemer of humankind, the Blood Jesus shed with love in his passion and every day is offered on the altar. In union with the Victim offered for the salvation of the world, we offer today's actions in expiation for our sins, for the conversion of sinners, for the souls in purgatory, for the needs of the holy Church, and especially:

For the Holy Father's Intention For A Shared Mission

Let us pray that the Church continues to sustain a synodal lifestyle in every way, as a sign of co-responsibility, promoting the participation, communion and mission shared by priests, religious and laity, we pray to the Lord. *R/.*

Lord, like St. Gaspar we pray that the love of God excites us to think, to speak and to act and suffer for your great divine glory, we pray to the Lord. *R/.*

Lord, You have promised to be with your Church always, may the Holy Spirit inspire many more vocations to the priesthood and religious life, we pray to the Lord. *R/.*

For those who've asked the help of our prayers, for those who have no one to pray for them, and for the intentions we hold in the silence of our hearts, we pray to the Lord. *R/.*

The Blood of Christ is Life for all Our Needs

Eternal Father, we offer you the Precious Blood of Jesus Christ, poured out on the cross and offered daily on the altar:

- ✦ For the glory of your name, for the coming of your kingdom and for the salvation of all.
- ✦ For the propagation of faith, for Pope Francis, for bishops, priests, and religious and for the sanctification of all the people of God.
- ✦ For the conversion of sinners, for the loving acceptance of your Word, and for the union of all Christians.
- ✦ For civil authorities, for the strengthening of public morals, and for peace and justice among all nations.
- ✦ For the sanctification of our work and suffering, for the poor, sick and afflicted, and for all who rely on our prayers.
- ✦ For our own spiritual and temporal needs, for those of our relatives, benefactors, and also for those of our enemies.
- ✦ For those who are to die this day, for the souls in purgatory, and for our final union with Christ in Glory.

Our Father...

Silent Reflection

Closing Prayer: Precious Blood Prayer

All: Almighty and Eternal God, you have appointed your only-begotten Son the Redeemer of the world and willed to be appeased by his Blood. Grant we beg of you, that we may worthily adore this price of our salvation, and through its power be safeguarded from the evils of this present life, so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord. Amen

Our Lady of the Most Precious Blood, pray for us.

St. Gaspar, pray for us, St. Maria De Mattias, pray for us,

St. Francis Xavier, pray for us.